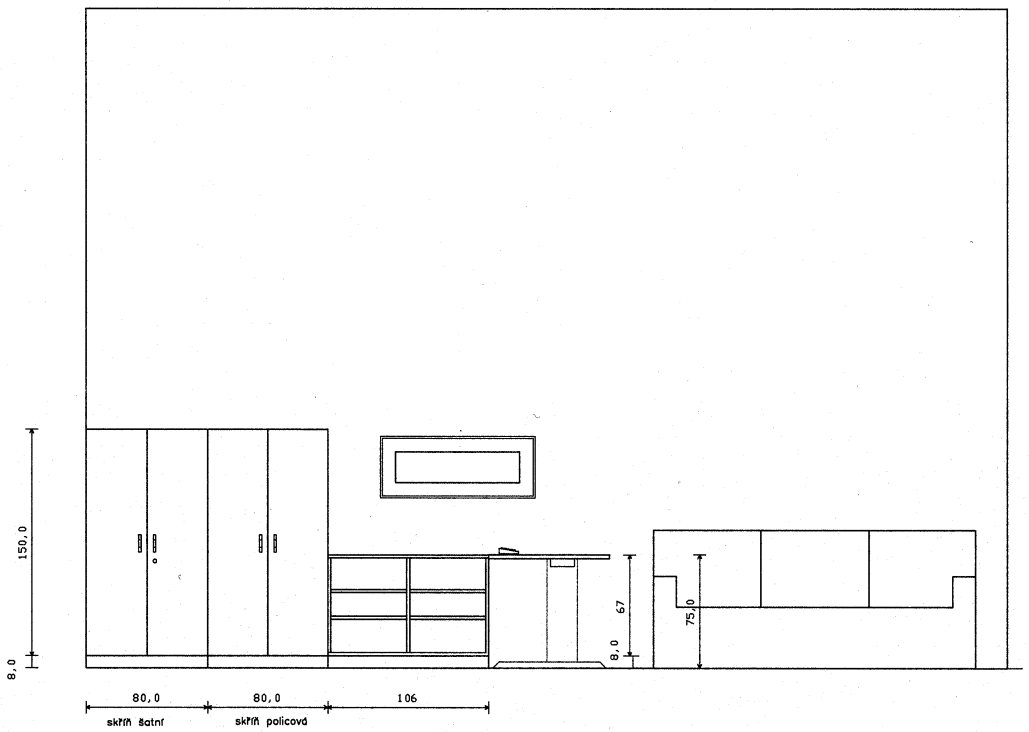POHLED A