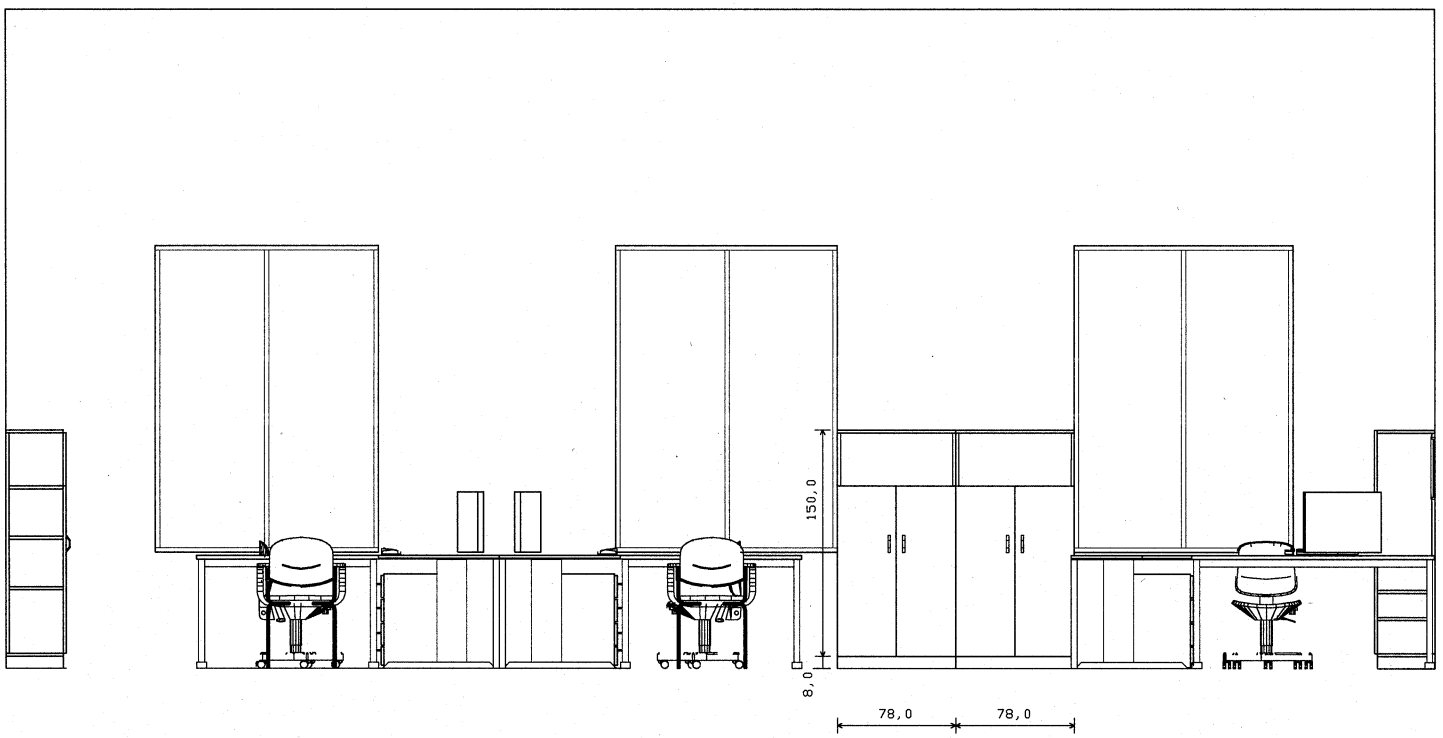POHLED D